

2018 Level 6-10 & National ONTARIO CHAMPIONSHIPS

Women's Artistic Gymnastics

Thursday, April 5 - Sunday, April 8, 2018

Hosted by: Rose City Gymnastics

Schedule

(as of March 5, 2018)

GYM A	Thursday, April 5 th , 2018	Session 1	Session 2	Session 3	Session 4
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 7 Born 2007 (Age 11)	Level 7 Born 2006 (Age 12)	Level 7 Born 2005 (Age 13)	Level 7 Born 2004 (Age 14)
	Registration	7:30am-8:00am	9:30am-10:00am	12:00pm-12:30pm	2:30pm-3:00pm
	Assemble for & March In	8:00am-8:15am	10:30am-10:45am	1:00pm-1:15pm	3:30pm-3:45pm
	General Stretch	8:15am-8:30am	10:45am-11:00am	1:15pm-1:30pm	3:45pm-4:00pm
	Competition	8:30am-10:30am	11:00am-1:00pm	1:30pm-3:30pm	4:00pm-6:00pm
	Awards	To Follow (Easterns Team Ontario Selection – Level 7 11 and Level 7 Age 12 will be combined and named after Session 2 awards)	To Follow (EC)	To Follow	To Follow (EC) (Easterns Team Ontario Selection – Level 7 13 and Level 7 Age 14 will be combined and named after Session 4 awards)

GYM B	Thursday, April 5 th , 2018	Session 1	Session 2	Session 3	Session 4	
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 8 Born 2005 (Age 13)	Level 8 Born 2004 (Age 14)	Aspire 1* Aspire 2*	Novice HP* Junior HP* Senior HP*	
	Registration	7:30am-8:00am	10:00am-10:30am	1:00pm-1:30pm	Registration	3:30pm-4:00pm
	Assemble for & March In	8:00am-8:15am	11:00am-11:15am	2:00pm-2:15pm	General Stretch (MAG Floor) <i>*indoor soccer field</i>	4:30pm-4:50pm
	General Stretch	8:15am-8:30am	11:15am-11:30am	2:15pm-2:30pm	Event Warm-Up	5:00pm-6:00pm
	Competition	8:30am-11:00am	11:30am-2:00pm	2:30pm-5:00pm	March In	6:00pm-6:10pm
	Awards	To Follow (Easterns Team Ontario Selection – Level 8 Age 13 and Level 8 Age 14 will be combined and named after Session 2 awards)	To Follow (EC)	To Follow (EC)	Competition	6:10pm-8:00pm
					Awards	To Follow

*Aspire and HP times may change depending on registration

(EC) = Easterns Team Selection

(CC) = Canadian Championships Team Selection

**Team Awards Presentation

2018 Level 6-10 & National ONTARIO CHAMPIONSHIPS

Women's Artistic Gymnastics

Thursday, April 5 - Sunday, April 8, 2018

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GYM A	Friday, April 7 th , 2017	Session 5	Session 6	Session 7	Session 8
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 9 Born 2004/2003 (Age 14/15)	Level 9 Born 2007-2005 (Age 11-13)	Level 9 Born 2002+ (Age 16+) Level 10 Born 2006-2003 (Age 12-15)	Level 10 Born 2002+ (Age 16+)
	Registration	7:30am-8:00am	10:00am-10:30am	12:15pm-12:45pm	3:45pm-4:15pm
	Assemble for & March In	8:00am-8:15am	11:00am-11:15am	1:15pm-1:30pm	4:45pm-5:00pm
	General Stretch	8:15am-8:30am	11:15am-11:30am	1:30pm-1:45pm	5:00pm-5:15pm
	Competition	8:30am-11:00am	11:30am-1:15pm	1:45pm-4:45pm	5:15pm-7:45pm
	Awards	To Follow (EC)	To Follow (EC) (CC)	To Follow (EC) (CC) **	To Follow (EC) (CC) **

GYM B	Friday, April 7 th , 2017	Session 5	Session 6	Session 7	Session 8
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 7 Born 2003 (Age 15)	Level 7 Born 2002+ (Age 16+)	Level 8 Born 2003 (Age 15)	Level 8 Born 2002+ (Age 16+)
	Registration	7:30am-8:00am	9:30am-10:00am	12:00pm-12:30pm	3:00pm-3:30pm
	Assemble for & March In	8:00am-8:15am	10:30am-10:45am	1:00pm-1:15pm	4:00pm-4:15pm
	General Stretch	8:15am-8:30am	10:45am-11:00am	1:15pm-1:30pm	4:15pm-4:30pm
	Competition	8:30am-10:30am	11:00am-1:00pm	1:30pm-4:00pm	4:30pm-7:00pm
	Awards	To Follow (Easterns Team Ontario Selection – Level 7 15 and Level 7 Age 16+ will be combined and named after Session 6 awards)		To Follow	To Follow (EC) (Easterns Team Ontario Selection – Level 8 15 and Level 8 Age 16+ will be combined and named after Session 8 awards)

(EC) = Easterns Team Selection

(CC) = Canadian Championships Team Selection

**Team Awards Presentation

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Thursday, April 5 - Sunday, April 8, 2018

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GYM A	Saturday, April 8 th , 2017	Session 9	Session 10	Session 11	Session 12
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 7 Born 2008/2009 (Age 9/10)	Level 6 Born 2004 A (Age 14A)	Level 8 Born 2009/2008 (Age 9/10) Level 8 Born 2007/2006 (Age 11/12)	EVENT FINALS Level 9 & Level 10
	Registration	7:30am-8:00am	9:00am-9:30am	11:15am-11:45am	3:00pm-3:30pm
	Assemble for & March In	8:00am-8:15am	10:00am-10:15am	12:15pm-12:30pm	4:15pm-4:30pm
	General Stretch	8:15am-8:30am	10:15am-10:30am	12:30pm-12:45pm	4:00pm-4:15pm
	Competition	8:30am-10:00am	10:30am-12:15pm	12:45pm-3:15pm	4:30pm-6:00pm
	Awards	To Follow **	To Follow	To Follow (EC) **	To Follow

GYM B	Saturday, April 8 th , 2017	Session 9	Session 10	Session 11	Session 12
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 6 Born 2003 (Age 15)	Level 6 Born 2004 B (Age 14B)	Level 6 Born 2002+ (Age 16+)	EVENT FINALS Level 7 & Level 8
	Registration	7:30am-8:00am	9:15am-9:45am	11:30am-12:00pm	3:00pm-3:30pm
	Assemble for & March In	8:00am-8:15am	10:15am-10:30am	12:30pm-12:45pm	4:15pm-4:30pm
	General Stretch	8:15am-8:30am	10:30am-10:45am	12:45pm-1:00pm	4:00pm-4:15pm
	Competition	8:30am-10:15am	10:45am-12:30pm	1:00pm-2:45pm	4:30pm-6:00pm
	Awards	To Follow	To Follow	To Follow	To Follow

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GYM A	Sunday, April 9 th , 2017	Session 12	Session 13	Session 14	Session 15
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 6 Born 2009 (Age 9)	Level 6 Born 2007 A (Age 11A)	Level 6 Born 2006 A (Age 12A)	Level 6 Born 2005 A (Age 13A)
	Registration	7:30am-8:00am	9:00am-9:30am	11:15am-11:45am	1:30pm-2:00pm
	Assemble for & March In	8:00am-8:15am	10:00am-10:15am	12:15pm-12:30pm	2:30pm-2:45pm
	General Stretch	8:15am-8:30am	10:15am-10:30am	12:30pm-12:45pm	2:45pm-3:00pm
	Competition	8:30am-10:00am	10:30am-12:15pm	12:45pm-2:30pm	3:00pm-4:45pm
	Awards	To Follow	To Follow	To Follow	To Follow

GYM B	Sunday, April 9 th , 2017	Session 12	Session 13	Session 14	Session 15
	<i>Please be on time for registration and be ready to assemble for march in at the end of the registration period. Do not leave the building once registered.</i>	Level 6 Born 2008 (Age 10)	Level 6 Born 2007 B (Age 11B)	Level 6 Born 2006 B (Age 12B)	Level 6 Born 2005 B (Age 13B)
	Registration	7:30am-8:00am	9:15am-9:45am	11:30am-12:00pm	1:45pm-2:15pm
	Assemble for & March In	8:00am-8:15am	10:15am-10:30am	12:30pm-12:45pm	2:45pm-3:00pm
	General Stretch	8:15am-8:30am	10:30am-10:45am	12:45pm-1:00pm	3:00pm-3:15pm
	Competition	8:30am-10:15am	10:45am-12:30pm	1:00pm-2:45pm	3:15pm-5:00pm
	Awards	To Follow	To Follow	To Follow	To Follow**